## 2026 Perinatal Nurse Practicum

9/09/2026 from 08:00 AM to 5:00 PM 9/10/2026 from 08:00 AM to 5:00 PM

#### Live Activity

#### **Purpose:**

The Perinatal Nurse Practicum is a 2 day course providing education for the registered nurse regarding care of the woman and her infant throughout pregnancy, birth, and postpartum. Content for the Perinatal Nurse Practicum includes the following areas: maternal physiology, fetal heart rate pattern review, care of the woman during labor and postpartum, preterm labor, obstetric emergencies, hypertensive disorders or pregnancy, intrapartum and postpartum care of the diabetic woman and her infant, postpartum complications, care of the newborn, infant security, and infant loss/bereavement. Course materials are provided.

#### **Objectives:**

- 1 Gain knowledge and understanding of the assessment of the laboring woman and postpartum.
- 2 Gain knowledge and understanding on maternal physiology
- 3 Gain knowledge and understanding on diabetes in pregnancy.
- 4 Gain knowledge and understanding on intrapartum management of the diabetic mother and her infant.
- 5 Gain knowledge and understanding on fetal heart rate monitoring.
- 6 Gain knowledge and understanding on preterm labor.
- 7 Gain knowledge and understanding on hypertensive disorders in pregnancy
- 8 Gain knowledge and understanding on obstetric emergencies
- 9 Gain knowledge and understanding of postpartum complications.
- 10 Gain knowledge and understanding of care of the newborn.
- 11 Gain knowledge and understanding of infant security
- 12 Gain knowledge and understanding of infant loss/bereavement.

### **Target Audience:**

Nurse - RN, Nurse - LPN/LVN

# For successful completion:

- Attend education
- Complete evaluation

# **Accreditation & Credit Designation:**

#### Accreditation



In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Continuing Education Credit Designation(s)

**Nurse CE:** Avera designates this activity for a maximum of 15.25 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.



REMINDER





## **Disclosure Policy:**

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Sara Barton, MSN, Nurse	Faculty	Nothing to disclose
Sarah Christie, RN	Faculty	Nothing to disclose
KARRIE GARRY, RN - C, Nurse	Faculty, Lead Planner	Nothing to disclose
Helen Jacobsen, BSN, Nurse	Faculty, Lead Planner	Nothing to disclose
Mary Oyos, RN, Nurse	Faculty	Nothing to disclose
Lisa VanGerpen, CNM	Content Expert - Committee Member, Faculty	Nothing to disclose



REMINDER

